INSTRUCTIONS TO CANDIDATES

(Use only blue/black ball-point pen in the space above and on both sides of the Answer Sheet)

1. Within 10 minutes of the issue of the Question Booklet, Please ensure that you have got the correct booklet and it contains all the pages in correct sequence and no page/question is missing. In case of faulty Question Booklet, Bring it to the notice of the Superintendent/Invigilators immediately to obtain a fresh Question Booklet.

2. Do not bring any loose paper, written or blank, inside the Examination Hall except the Admit Card without its envelope.

3. A separate Answer Sheet is given. It should not be folded or mutilated. A second Answer Sheet shall not be provided.

4. Write your Roll Number and Serial Number of the Answer Sheet by pen in the space provided above.

5. On the front page of the Answer Sheet, write by pen your Roll Number in the space provided at the top, and by darkening the circles at the bottom. Also, wherever applicable, write the Question Booklet Number and the Set Number in appropriate places.

6. No overwriting is allowed in the entries of Roll No., Question Booklet No. and Set No. (if any) on OMR sheet and Roll No. and OMR sheet no. on the Question Booklet.

7. Any change in the aforesaid entries is to be verified by the invigilator, otherwise it will be taken as unfair means.

8. This Booklet contains 40 multiple choice questions followed by 10 short answer questions. For each MCQ, you are to record the correct option on the Answer Sheet by darkening the appropriate circle in the corresponding row of the Answer Sheet, by pen as mentioned in the guidelines given on the first page of the Answer Sheet. For answering any five short Answer Questions use five Blank pages attached at the end of this Question Booklet.

9. For each question, darken only one circle on the Answer Sheet. If you darken more than one circle or darken a circle partially, the answer will be treated as incorrect.

10. Note that the answer once filled in ink cannot be changed. If you do not wish to attempt a question, leave all the circles in the corresponding row blank (such question will be awarded zero marks).

11. For rough work, use the inner back pages of the title cover and the blank page at the end of this Booklet.

12. Deposit both OMR Answer Sheet and Question Booklet at the end of the Test.

13. You are not permitted to leave the Examination Hall until the end of the Test.

14. If a candidate attempts to use any form of unfair means, he/she shall be liable to such punishment as the University may determine and impose on him/her.

Total No. of Printed Pages: 16
ROUGH WORK
No. of Questions : 50

Time : 2 Hours

Full Marks : 200

Note: (1) This Question Booklet contains 40 Multiple Choice Questions followed by 10 Short Answer Questions.

(2) Attempt as many MCQs as you can. Each MCQ carries 3 (Three) marks. 1 (One) mark will be deducted for each incorrect answer. Zero mark will be awarded for each unattempted question. If more than one alternative answers of MCQs seem to be approximate to the correct answer, choose the closest one.

(3) Answer only 5 Short Answer Questions. Each question carries 16 (Sixteen) marks and should be answered in 150-200 words. Blank 5 (Five) pages attached with this booklet shall only be used for the purpose. Answer each question on separate page, after writing Question No.

01. “Anubandha” is the synonym of :
   (1) Satwa                                     (2) Atma
   (3) Ayu                                      (4) Shareera

02. Rodhana comes under :
   (1) Parada dosha                             (2) Parada samskara
   (3) Rasa pujana                             (4) Rasa gathi

03. No plants survive in the surrounding of this species :
   (1) Ahiphena                                 (2) Vishatinduka
   (3) Vatsanabha                               (4) Dhatura

04. Mahaguda is a variety of :
   (1) Prameha pidaka                          (2) Kaphaja Krimi
   (3) Guda vidradhi                           (4) Bhagandhara

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05. “Jentaka” is the sweda of choice in which of the following ritu?
   (1) Vasanta (2) Varsha
   (3) Greeshma (4) Hemantha

06. Charakopskara commentary on Charaka Samhita was written by:
   (1) Shivadas Sen (2) Gangadhara Rai
   (3) Yogendranath Sen (4) Chakrapani

07. In suspected Arsenic poison which part of the body is particularly preserved for chemical analysis?
   (1) Heart (2) Long bones
   (3) Skin (4) Whole body

08. All of the following diseases are transmitted by faeco-oral route EXCEPT:
   (1) Cholera (2) Poliomyelitis
   (3) Hepatitis A (4) Hookworm

09. The most radio-sensitive tissue is:
   (1) Brain (2) Bone marrow
   (3) Thyroid (4) Liver

10. Which of the following is Vishihshta purvaroopa of Vataja Jwara?
    (1) Angamarda (2) Jrimbha
    (3) Agnimandya (4) Aswedata

11. Which one is main Causative Rasa of Annaja Hikka?
    (1) Tikta (2) Kashaya
    (3) Katu (4) Madhur
12. Which is the main indication of Panch Gavya Ghrita?
   (1) Visarpa  (2) Apasmara
   (3) Kushtha  (4) Gulma

13. Which management is indicated in Udavarta induced agnimandya?
   (1) Vaman  (2) Basti Karma
   (3) Pramathi Anna  (4) Virechan

14. The rogadhikar of Saraswat Ghrit is -
   (1) Unmada  (2) Smriti bhransha
   (3) Apasmara  (4) Swara Bheda

15. The status of dosa in tikshnaagni is-
   (1) Increased Pitta, decreased Vata Kapha
   (2) Decrease Kapha Pitta, Vatanugam
   (3) Decrease Kapha, increased Pitta Vata
   (4) Decrease Kapha, Pitta Kupit, Vatanugam

16. In which of the following diseases, hridaya-spandan occurs as purvarupa-
   (1) Shwas  (2) Trishna
   (3) Pandu  (4) Hridaya Rog

17. The dose of Kansa Haritaki is -
   (1) One Abhaya + One shukti leha
   (2) One Abhaya + One Pala leha
   (3) One Abhaya + One tola leha
   (4) One Abhaya

18. Which food material are included in Achara Rasayan-
   (1) Ksira, Dadhi  (2) Ksira, Ghrita
   (3) Dadhi, Ghrit  (4) Takra, Ghrita
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19. Vaitaran Vasti is indicated in-
   (1) Aam Vata       (2) Vata Rakta
   (3) Sandhi Vata    (4) Gridhrasi

20. The number of contents of Sanshodhan dravya of Kuti Praveshik Vidhi-
   (1) 10           (2) 8
   (3) 9            (4) 7

21. Which of the following drugs is not used as Aphrodisiac.
   (1) Gokshur       (2) Punarnava
   (3) Shilajit      (4) Kapikachhu

22. Which of the following abnormality is present in Pandu roga -
   (1) Decreased Rasa Rakta    (2) Decreased Rasa Mansa
   (3) Decreased Rakta Meda    (4) Decreased Rakta Mansa

23. According to Acharya Charak, Which Shastra Karma are indicated in Kushtha-
   A. Lekhan               C. Prachhan
   B. Patana              D. Chhhedana
   (1) A+B                  (2) A+D
   (3) A+C                  (4) B+D

24. Nidra Viparyaya is the clinical feature of -
   (1) Rakta gata Vata  (2) Unmada
   (3) Aam Vata         (4) Prana vrita Udaan

25. In which of the following diseases “Bodhi Vriksa Kashaya with honey”
    is indicated-
   (1) Shotha          (2) Aam Vata
   (3) Vata Rakta      (4) Jwara

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26. In case of Anuvasan Basti, how much time the oil inside the body
   (1) Three Yaam                      (2) Two Yaam
   (3) One Muhurt                     (4) Two Muhurt

27. In which of the following conditions, Leech therapy is contraindicated-
   (1) CVA Haemorrhage               (2) CVA infarct
   (3) Varicose Veins                (4) Non healing Ulcers

28. Nyagrodh Patradi Pralep is indicated in-
   (1) Ksudra Kushtha                 (2) Maha Kushtha
   (3) Yuvaan Pidika                 (4) Visarpa

29. Pratimarga haranam is done in which of the following conditions-
   (1) Atisara                        (2) Shwasa
   (3) Raktapitta                     (4) Udavarta

30. What is the timing of drug intake in case of Apaan vayu Vikriti-
   (1) Between taking the food       (2) Before taking the food
   (3) After taking the food         (4) Again & Agian

31. What is the rogadhikaar of Saindhawadi Churna-
   (1) Prameha                        (2) Raajyakshma
   (3) Kshatkseena                   (4) Gulma
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32. Which type of jwara is characterized by "swedaapraavartana"—
   (1) Vaata Pitta                   (2) Pitta Kapha
   (3) Kapha Vata                   (4) Sannipataj

33. "Maha Gada" is the synonym of which of the following disease—
   (1) Prameha                      (2) Rakata Pitta
   (3) Rajyakshama                  (4) Atavabhiniyesh

34. Pranoparodhini Hikka is—
   (1) Ksudra Hikka                 (2) Maha Hikka
   (3) Vyapeta Hikka                (4) Kaphaj Hikka

35. Which of the following is extremely useful for Pandu Roga, according to Acharya Charak—
   (1) Go-mutra                     (2) Aja-dugdh
   (3) Mahishi Dugdh                (4) Ashva Mutra

36. How many formulations of Virechan have been described by Acharya Charak by the name of Maha Vriksha—
   (1) 35                           (2) 20
   (3) 10                           (4) 12

37. Which of the following medications are not indicated for Prameha Chikitsa—
   (1) Trikantakadi Snehya          (2) Phalatrikadi Kwath
   (3) Dantyasava                   (4) Marichadi Churna

38. Haritaki Churna with gomutra is used to pacify which type of Shotha.
   (1) Vataj Shotha                  (2) Pittaj Shotha
   (3) Kaphaj Shotha                 (4) Sannipataj Shotha
39. Which of the following diseases have not been classified as swatantra & Paratantra-
   (1) Kamala                (2) Jalodara
   (3) Shwasa                (4) Grahani

40. Manah shiladi Nasya is indicated in
   (1) Tamak Shwas           (2) Apasmara
   (3) Murchha               (4) Peenas
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Short Answer Questions

Note: Attempt any five questions. Write answer in 150-200 words. Each question carries 16 marks. Answer each question on separate page after writing Question Number.

01. Mention the difference between Atisara & Grahani

02. Write down the pathogenesis and principles of management of Atatwabhinivesha.

03. Write down the types and general principles of management of Hridaya roga.

04. Write down the four indications of Jalauka vacharana and their rationality in those conditions.

05. Why the Panchkarma is contraindicated in Uristambha?

06. Write down the general principles of management of Jwara roga.

07. Describe the mode of action of Basti Karma, according to Ayurveda.

08. Describe the chikitsa sutra of Swasa roga.

09. Describe the concept of Avarana and its types.

10. Describe the Upayaabhipluta Chikitsa.
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14
अभ्यासियों के लिए निदेश

(इस पुस्तिका के प्रथम आवरण पृष्ठ पर तथा उत्तर-पत्र के होम पृष्ठों पर
केवल नीली-काली बाल-प्याइंट पेंस से ही लिखें)

1. प्रश्न पुस्तिका मिलने के 10 मिनट के अंदर ही देख लें कि प्रश्नपत्र में सभी पृष्ठ मोजूद हैं और कोई प्रश्न छूटा नहीं है। पुस्तिका दोपहुँ कार्य जाने पर इसकी सूचना तत्काल कक्ष-निरीक्षक को देकर सम्पूर्ण प्रश्नपत्र की दूसरी पुस्तिका प्राप्त कर ले।

2. परीक्षा भवन में स्थानांतर सहित प्रश्न-पत्र के अतिरिक्त, लिखित या सादा कोई भी खुला कागज साथ में न लायें।

3. उत्तर-पत्र अलग से दिखा गया है। इसे न तो मोड़ें और न ही विकृत करें। दूसरा उत्तर-पत्र नहीं दिखा जायेगा। केवल उत्तर-पत्र का ही मूल्यांकन किया जाएगा।

4. अपना अनुक्रमांक तथा उत्तर-पत्र का क्रमांक प्रथम आवरण-पृष्ठ पर पेंस से निर्धारित स्थान पर लिखें।

5. उत्तर-पत्र के प्रथम पृष्ठ पर पेंस से अपना अनुक्रमांक निर्धारित स्थान पर लिखें तथा नीचे दिखे वृत्तों को गांठ कर दें। जहाँ-जहाँ आवश्यक हो वहाँ प्रश्न-पुस्तिका का क्रमांक तथा सेट का संबंध बिंबी लिखें।

6. ओ एम आर ओ पृष्ठ पर अनुक्रमांक संख्या, प्रश्नपुस्तिका संख्या व सेट संख्या (यदि कोई हो) तथा प्रश्नपुस्तिका पर अनुक्रमांक आर ओ एम आर पृष्ठ संख्या की प्रविधियों में उपरिलेखन की अनुमति नहीं है।

7. उपरुपरु विषयों में कोई भी परिवर्तन कक्ष निरीक्षक द्वारा प्रमाणित नहीं चाहिए अन्यथा यह एक अनुचित साधन का प्रयोग माना जाएगा।

8. प्रश्न-पुस्तिका में प्रश्न-प्रश्न के चार वैकल्पिक उत्तर दिखाएँ। प्रश्न के वैकल्पिक उत्तर के लिए आपको उत्तर-पत्र की सम्बंधित पृष्ठिक्ति के सामने दिखे वृत्त को उत्तर-पत्र के प्रथम पृष्ठ पर दिखे गये निर्देशों के अनुसार पेंस से गांठ करें।

9. प्रश्न-प्रश्न के उत्तर के लिए केबल एक ही वृत्त को गांठ करें। एक से अधिक वृत्तों को गांठ करने पर अथवा एक वृत्त को अपूर्ण बनाने पर उस उत्तर गलत माना जायेगा।

10. ध्यान दें कि एक बार स्थानीय द्वारा अर्थित उत्तर बदला नहीं जा सकता है। यदि आप किसी प्रश्न का उत्तर नहीं देना चाहते हैं, तो संबंधित पृष्ठिक्ति के सामने दिखे गये सभी वृत्तों को खाली छोड़ें। ऐसे प्रश्नों पर शून्य अंक दिखे जाएंगे।

11. रफ कार्य के लिए प्रश्न-पुस्तिका के मुखपृष्ठ के अंदर बाला पृष्ठ तथा उत्तर-पुस्तिका के अंतिम पृष्ठ का प्रयोग करें।

12. परीक्षा के उपरांत केबल ओ एम आर उत्तर-पत्र परीक्षा भवन में सजा कर दें।

13. परीक्षा समाप्त होने से पहले परीक्षा भवन से बाहर जाने की अनुमति नहीं होगी।

14. यदि कोई अपर्याप्त परीक्षा में अनुचित साधनों का प्रयोग करता है, तो वह विश्वविद्यालय द्वारा निर्धारित दंड का/की, भारी होगा/होगी।