

Set No. : 1

Question Booklet No. 00036

RET/15/TEST-B



609

Kayachikitsa

(To be filled up by the candidate by blue/black ball point pen)

Roll No.

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Roll No. (Write the digits in words)

Serial No. of OMR Answer Sheet

Day and Date

(Signature of Invigilator)


INSTRUCTIONS TO CANDIDATES

(Use only blue/black ball-point pen in the space above and on both sides of the Answer Sheet)

1. Within 10 minutes of the issue of the Question Booklet, Please ensure that you have got the correct booklet and it contains all the pages in correct sequence and no page/question is missing. In case of faulty Question Booklet, Bring it to the notice of the Superintendent/Invigilators immediately to obtain a fresh Question Booklet.
2. Do not bring any loose paper, written or blank, inside the Examination Hall *except the Admit Card without its envelope.*
3. *A separate Answer Sheet is given. It should not be folded or mutilated. A second Answer Sheet shall not be provided.*
4. Write your Roll Number and Serial Number of the Answer Sheet by pen in the space provided above.
5. *On the front page of the Answer Sheet, write by pen your Roll Number in the space provided at the top, and by darkening the circles at the bottom. Also, wherever applicable, write the Question Booklet Number and the Set Number in appropriate places.*
6. *No overwriting is allowed in the entries of Roll No., Question Booklet No. and Set No. (if any) on OMR sheet and Roll No. and OMR sheet no. on the Question Booklet.*
7. *Any change in the aforesaid entries is to be verified by the invigilator, otherwise it will be taken as unfair means.*
8. *This Booklet contains 40 multiple choice questions followed by 10 short answer questions. For each MCQ, you are to record the correct option on the Answer Sheet by darkening the appropriate circle in the corresponding row of the Answer Sheet, by pen as mentioned in the guidelines given on the first page of the Answer Sheet. For answering any five short Answer Questions use five Blank pages attached at the end of this Question Booklet.*
9. For each question, darken only **one** circle on the Answer Sheet. If you darken more than one circle or darken a circle partially, the answer will be treated as incorrect.
10. *Note that the answer once filled in ink cannot be changed. If you do not wish to attempt a question, leave all the circles in the corresponding row blank (such question will be awarded zero marks).*
11. For rough work, use the inner back pages of the title cover and the blank page at the end of this Booklet.
12. *Deposit both OMR Answer Sheet and Question Booklet at the end of the Test.*
13. You are not permitted to leave the Examination Hall until the end of the Test.
14. If a candidate attempts to use any form of unfair means, he/she shall be liable to such punishment as the University may determine and impose on him/her.

Total No. of Printed Pages : 16

609/Kayachikitsa


ROUGH WORK

No. of Questions : 50

Time : 2 Hours

Full Marks : 200

- Note: (1)** This Question Booklet contains **40** Multiple Choice Questions followed by **10** Short Answer Questions.
- (2)** Attempt as many MCQs as you can. Each MCQ carries **3 (Three)** marks. **1 (One)** mark will be deducted for each incorrect answer. **Zero** mark will be awarded for each unattempted question. If more than one alternative answers of MCQs seem to be approximate to the correct answer, choose the closest one.
- (3)** Answer only **5** Short Answer Questions. Each question carries **16 (Sixteen)** marks and should be answered in **150-200** words. Blank **5 (Five)** pages attached with this booklet shall only be used for the purpose. Answer each question on separate page, after writing Question No.

01. "Anubandha" is the synonym of :

- | | |
|-----------|--------------|
| (1) Satwa | (2) Atma |
| (3) Ayu | (4) Shareera |

02. Rodhana comes under :

- | | |
|------------------|---------------------|
| (1) Parada dosha | (2) Parada samskara |
| (3) Rasa pujana | (4) Rasa gathi |

03. No plants survive in the surrounding of this species :

- | | |
|----------------|------------------|
| (1) Ahiphena | (2) Vishatinduka |
| (3) Vatsanabha | (4) Dhatura |

04. Mahaguda is a variety of :

- | | |
|--------------------|-------------------|
| (1) Prameha pidaka | (2) Kaphaja Krimi |
| (3) Guda vidradhi | (4) Bhagandhara |

609/Kayachikitsa

- 05.** "Jentaka" is the sweda of choice in which of the following ritu ?
(1) Vasanta (2) Varsha
(3) Greeshma (4) Hemantha
- 06.** Charakopskara commentary on Charaka Samhita was written by :
(1) Shivadas Sen (2) Gangadhara Rai
(3) Yogendranath Sen (4) Chakrapani
- 07.** In suspected Arsenic poison which part of the body is particularly preserved for chemical analysis ?
(1) Heart (2) Long bones
(3) Skin (4) Whole body
- 08.** All of the following diseases are transmitted by faeco-oral route EXCEPT :
(1) Cholera (2) Poliomyelitis
(3) Hepatitis A (4) Hookworm
- 09.** The most radio-sensitive tissue is :
(1) Brain (2) Bone marrow
(3) Thyroid (4) Liver
- 10.** Which of the following is Vishishta purvaroopta of Vataja Jwara ?
(1) Angamarda (2) Jrimbha
(3) Agnimandya (4) Aswedata
- 11.** Which one is main Causative Rasa of Annaja Hikka ?
(1) Tikta (2) Kashaya
(3) Katu (4) Madhur

12. Which is the main indication of Panch Gavya Ghrita ?
 (1) Visarpa (2) Apasmara
 (3) Kushtha (4) Gulma
13. Which management is indicated in Udavarta induced agnimandya ?
 (1) Vaman (2) Basti Karma
 (3) Pramathi Anna (4) Virechan
14. The rogadohikar of Saraswat Ghrit is -
 (1) Unmada (2) Smriti bhransha
 (3) Apasmara (4) Swara Bheda
15. The status of dosa in tikshnaagni is-
 (1) Increased Pitta, decreased Vata Kapha
 (2) Decrease Kapha Pitta, Vatanugam
 (3) Decrease Kapha, increased Pitta Vata
 (4) Decrease Kapha, Pitta Kupit, Vatanugam
16. In which of the following diseases, hridaya-spandan occurs as purvarupa-
 (1) Shwas (2) Trishna
 (3) Pandu (4) Hridaya Rog
17. The dose of Kansa Haritaki is -
 (1) One Abhaya + One shukti leha
 (2) One Abhaya + One Pala leha
 (3) One Abhaya + One tola leha
 (4) One Abhaya
18. Which food material are included in Achara Rasayan-
 (1) Ksira, Dadhi (2) Ksira, Ghrita
 (3) Dadhi, Ghrit (4) Takra, Ghrita

609/Kayachikitsa

- 19.** Vaitaran Vasti is indicated in-
- | | |
|-----------------|----------------|
| (1) Aam Vata | (2) Vata Rakta |
| (3) Sandhi Vata | (4) Gridhrasi |
- 20.** The number of contents of Sanshodhan dravya of Kuti Praveshik Vidhi-
- | | |
|--------|-------|
| (1) 10 | (2) 8 |
| (3) 9 | (4) 7 |
- 21.** Which of the following drugs is not used as Aphrodisiac.
- | | |
|--------------|----------------|
| (1) Gokshur | (2) Punarnava |
| (3) Shilajit | (4) Kapikachhu |
- 22.** Which of the following abnormality is present in Pandu roga -
- | | |
|--------------------------|---------------------------|
| (1) Decreased Rasa Rakta | (2) Decreased Rasa Mansa |
| (3) Decreased Rakta Meda | (4) Decreased Rakta Mansa |
- 23.** According to Acharya Charak, Which Shastra Karma are indicated in Kushtha-
- | | |
|-----------|--------------|
| A. Lekhan | C. Prachhan |
| B. Patana | D. Chhhedana |
| (1) A+B | (2) A+D |
| (3) A+C | (4) B+D |
- 24.** Nidra Viparyaya is the clinical feature of -
- | | |
|---------------------|-----------------------|
| (1) Rakta gata Vata | (2) Unmada |
| (3) Aam Vata | (4) Prana vrita Udaan |
- 25.** In which of the following diseases "Bodhi Vriksha Kashaya with honey" is indicated-
- | | |
|----------------|--------------|
| (1) Shotha | (2) Aam Vata |
| (3) Vata Rakta | (4) Jwara |

26. In case of Anuvasan Basti, how much time the oil inside the body
- (1) Three Yaam (2) Two Yaam
(3) One Muhurt (4) Two Muhurt
27. In which of the following conditions, Leech therapy is contraindicated-
- (1) CVA Haemorrhage (2) CVA infarct
(3) Varicose Veins (4) Non healing Ulcers
28. Nyagrodh Patradi Pralep is indicated in-
- (1) Ksudra Kushtha (2) Maha Kushtha
(3) Yuvaan Pidika (4) Visarpa
29. Pratimarga haranam is done in which of the following conditions-
- (1) Atisara (2) Shwasa
(3) Raktapitta (4) Udavarta
30. What is the timing of drug intake in case of Apan vayu Vikriti-
- (1) Between taking the food (2) Before taking the food
(3) After taking the food (4) Again & Agian
31. What is the rogadohikaar of Saindhawadi Churna-
- (1) Prameha (2) Raajyakshma
(3) Kshatkseena (4) Gulma

609/Kayachikitsa

- 32.** Which type of jwara is characterized by “swedaapravartana”-
(1) Vaata Pitta (2) Pitta Kapha
(3) Kapha Vata (4) Sannipataj
- 33.** “Maha Gada” is the synonym of which of the following disease-
(1) Prameha (2) RakataPitta
(3) Rajyakshama (4) Atatvabhinivesh
- 34.** Pranoparodhini Hikka is-
(1) Ksudra Hikka (2) Maha Hikka
(3) Vyapeta Hikka (4) Kaphaj Hikka
- 35.** Which of the following is extremely useful for Pandu Roga, according to Acharya Charak-
(1) Go-mutra (2) Aja-dugdh
(3) Mahishi Dugdh (4) Ashva Mutra
- 36.** How many formulations of Virechan have been described by Acharya Charak by the name of MahaVriksha-
(1) 35 (2) 20 (3) 10 (4) 12
- 37.** Which of the following medications are not indicated for Prameha Chikitsa-
(1) Trikantakadi Sneha (2) Phalatrikadi Kwath
(3) Dantyasava (4) Marichadi Churna
- 38.** Haritaki Churna with gomutra is used to pacify which type of Shotha.
(1) Vataj Shotha (2) Pittaj Shotha
(3) Kaphaj Shotha (4) Sannipataj Shotha

39. Which of the following diseases have not been classified as swatantra & Paratantra-

- | | |
|------------|--------------|
| (1) Kamala | (2) Jalodara |
| (3) Shwasa | (4) Grahani |

40. Manah shiladi Nasya is indicated in

- | | |
|-----------------|--------------|
| (1) Tamak Shwas | (2) Apasmara |
| (3) Murchha | (4) Peenas |

Short Answer Questions

Note : Attempt any **five** questions. Write answer in **150-200** words. Each question carries **16** marks. Answer each question on separate page after writing Question Number.

- 01.** Mention the difference between Atisara & Grahani
- 02.** Write down the pathogenesis and principles of management of Atatwabhinivesha.
- 03.** Write down the types and general principles of management of Hridaya roga.
- 04.** Write down the four indications of Jalauka vacharana and their rationality in those conditions.
- 05.** Why the Panchkarma is contraindicated in Urustambha ?
- 06.** Write down the general principles of management of Jwara roga.
- 07.** Describe the mode of action of Basti Karma, according to Ayurveda.
- 08.** Describe the chikitsa sutra of Swasa roga.
- 09.** Describe the concept of Avarana and its types.
- 10.** Describe the Upayaabhipluta Chikitsa.

Question No.

Page for Short Answer

609/Kayachikitsa

Question No.

Page for Short Answer

Question No.

Page for Short Answer

609/Kayachikitsa

Question No.

Page for Short Answer

Question No.

Page for Short Answer

अभ्यर्थियों के लिए निर्देश

(इस पुस्तिका के प्रथम आवरण पृष्ठ पर तथा उत्तर-पत्र के दोनों पृष्ठों पर केवल नीली-काली बाल-प्वाइंट पेन से ही लिखें)

1. प्रश्न पुस्तिका मिलने के 10 मिनट के अन्दर ही देख लें कि प्रश्नपत्र में सभी पृष्ठ मौजूद हैं और कोई प्रश्न छूटा नहीं है। पुस्तिका दोषयुक्त पाये जाने पर इसकी सूचना तत्काल कक्ष-निरीक्षक को देकर सम्पूर्ण प्रश्नपत्र की दूसरी पुस्तिका प्राप्त कर लें।
2. परीक्षा भवन में लिफाफा रहित प्रवेश-पत्र के अतिरिक्त, लिखा या सादा कोई भी खुला कागज साथ में न लायें।
3. उत्तर-पत्र अलग से दिया गया है। इसे न तो मोड़ें और न ही विकृत करें। दूसरा उत्तर-पत्र नहीं दिया जायेगा। केवल उत्तर-पत्र का ही मूल्यांकन किया जायेगा।
4. अपना अनुक्रमांक तथा उत्तर-पत्र का क्रमांक प्रथम आवरण-पृष्ठ पर पेन से निर्धारित स्थान पर लिखें।
5. उत्तर-पत्र के प्रथम पृष्ठ पर पेन से अपना अनुक्रमांक निर्धारित स्थान पर लिखें तथा नीचे दिये वृत्तों को गाढ़ा कर दें। जहाँ-जहाँ आवश्यक हो वहाँ प्रश्न-पुस्तिका का क्रमांक तथा सेट का नम्बर उचित स्थानों पर लिखें।
6. ओ० एम० आर० पत्र पर अनुक्रमांक संख्या, प्रश्नपुस्तिका संख्या व सेट संख्या (यदि कोई हो) तथा प्रश्नपुस्तिका पर अनुक्रमांक और ओ० एम० आर० पत्र संख्या की प्रविष्टियों में उपरिलेखन की अनुमति नहीं है।
7. उपर्युक्त प्रविष्टियों में कोई भी परिवर्तन कक्ष निरीक्षक द्वारा प्रमाणित होना चाहिये अन्यथा यह एक अनुचित साधन का प्रयोग माना जायेगा।
8. प्रश्न-पुस्तिका में प्रत्येक प्रश्न के चार वैकल्पिक उत्तर दिये गये हैं। प्रत्येक प्रश्न के वैकल्पिक उत्तर के लिए आपको उत्तर-पत्र की सम्बन्धित पंक्ति के सामने दिये गये वृत्त को उत्तर-पत्र के प्रथम पृष्ठ पर दिये गये निर्देशों के अनुसार पेन से गाढ़ा करना है।
9. प्रत्येक प्रश्न के उत्तर के लिए केवल एक ही वृत्त को गाढ़ा करें। एक से अधिक वृत्तों को गाढ़ा करने पर अथवा एक वृत्त को अपूर्ण भरने पर वह उत्तर गलत माना जायेगा।
10. ध्यान दें कि एक बार स्याही द्वारा अंकित उत्तर बदला नहीं जा सकता है। यदि आप किसी प्रश्न का उत्तर नहीं देना चाहते हैं, तो संबंधित पंक्ति के सामने दिये गये सभी वृत्तों को खाली छोड़ दें। ऐसे प्रश्नों पर शून्य अंक दिये जायेंगे।
11. रफ कार्य के लिए प्रश्न-पुस्तिका के मुखपृष्ठ के अंदर वाला पृष्ठ तथा उत्तर-पुस्तिका के अंतिम पृष्ठ का प्रयोग करें।
12. परीक्षा के उपरान्त केवल ओ एम आर उत्तर-पत्र परीक्षा भवन में जमा कर दें।
13. परीक्षा समाप्त होने से पहले परीक्षा भवन से बाहर जाने की अनुमति नहीं होगी।
14. यदि कोई अभ्यर्थी परीक्षा में अनुचित साधनों का प्रयोग करता है, तो वह विश्वविद्यालय द्वारा निर्धारित दंड का/की, भागी होगा/होगी।