INSTRUCTIONS TO CANDIDATES

(Use only blue/black ball-point pen in the space above and on both sides of the Answer Sheet)

1. Within 10 minutes of the issue of the Question Booklet, please ensure that you have got the correct booklet and it contains all the pages in correct sequence and no page/question is missing. In case of faulty Question Booklet, bring it to the notice of the Superintendent/Invigilators immediately to obtain a fresh Question Booklet.

2. Do not bring any loose paper, written or blank, inside the Examination Hall except the Admit Card without its envelope.

3. A separate Answer Sheet is given. It should not be folded or mutilated. A second Answer Sheet shall not be provided.

4. Write your Roll Number and Serial Number of the Answer Sheet by pen in the space provided above.

5. On the front page of the Answer Sheet, write by pen your Roll Number in the space provided at the top, and by darkening the circles at the bottom. Also, wherever applicable, write the Question Booklet Number and the Set Number in appropriate places.

6. No overwriting is allowed in the entries of Roll No., Question Booklet No. and Set No. (If any) on OMR sheet and Roll No. and OMR sheet no. on the Question Booklet.

7. Any change in the aforesaid entries is to be verified by the invigilator, otherwise it will be taken as unfair means.

8. This Booklet contains 40 multiple choice questions followed by 10 short answer questions. For each MCQ, you are to record the correct option on the Answer Sheet by darkening the appropriate circle in the corresponding row of the Answer Sheet, by pen as mentioned in the guidelines given on the first page of the Answer Sheet. For answering any five short Answer Questions use five Blank pages attached at the end of this Question Booklet.

9. For each question, darken only one circle on the Answer Sheet. If you darken more than one circle or darken a circle partially, the answer will be treated as incorrect.

10. Note that the answer once filled in ink cannot be changed. If you do not wish to attempt a question, leave all the circles in the corresponding row blank (such question will be awarded zero marks).

11. For rough work, use the inner back pages of the title cover and the blank page at the end of this Booklet.

12. Deposit both OMR Answer Sheet and Question Booklet at the end of the Test.

13. You are not permitted to leave the Examination Hall until the end of the Test.

14. If a candidate attempts to use any form of unfair means, he/she shall be liable to such punishment as the University may determine and impose on him/her.

Total No. of Printed Pages : 16
ROUGH WORK
No. of Questions : 50

Time : 2 Hours

Full Marks : 200

Note: (1) This Question Booklet contains 40 Multiple Choice Questions followed by 10 Short Answer Questions.

(2) Attempt as many MCQs as you can. Each MCQ carries 3 (Three) marks. 1 (One) mark will be deducted for each incorrect answer. Zero mark will be awarded for each unattempted question. If more than one alternative answers of MCQs seem to be approximate to the correct answer, choose the closest one.

(3) Answer only 5 Short Answer Questions. Each question carries 16 (Sixteen) marks and should be answered in 150-200 words. Blank 5 (Five) pages attached with this booklet shall only be used for the purpose. Answer each question on separate page, after writing Question No.

01. "Anubandha” is the synonym of :
   
   (1) Satwa   (2) Atma
   (3) Ayu   (4) Shareera

02. Rodhana comes under :
   
   (1) Parada dosha   (2) Parada samskara
   (3) Rasa pujana   (4) Rasa gathi

03. No plants survive in the surrounding of this species :
   
   (1) Ahiphena   (2) Vishatinduka
   (3) Vatsanabha   (4) Dhatura

04. Mahaguda is a variety of :
   
   (1) Prameha pidaka   (2) Kaphaja Krimi
   (3) Guda vidradhi   (4) Bhagandhara
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05. “Jentaka” is the sweda of choice in which of the following ritu?
   (1) Vasanta          (2) Varsha
   (3) Greeshma         (4) Hemantha

06. Charakopskara commentary on Charaka Samhita was written by:
   (1) Shivadas Sen     (2) Gangadhara Rai
   (3) Yogendranath Sen (4) Chakrapani

07. In suspected Arsenic poison which part of the body is particularly preserved for chemical analysis?
   (1) Heart            (2) Long bones
   (3) Skin             (4) Whole body

08. All of the following diseases are transmitted by facco-oral route EXCEPT:
   (1) Cholera          (2) Poliomyelitis
   (3) Hepatitis A      (4) Hookworm

09. The most radio-sensitive tissue is:
   (1) Brain            (2) Bone marrow
   (3) Thyroid          (4) Liver

10. Which of the following is Vishishta purvaroop of Vataja Jwara?
    (1) Angamarda       (2) Jrimbha
    (3) Agnimandya     (4) Aswedata

11. Who is the preceptor of Charak-Samhita?
    (1) Agnivesh        (2) Punarvasu Atreya
    (3) Charak          (4) Dridhabal
12. How many Vaidyavrittis are mentioned in Charak-Samhita?
   (1) 06   (2) 05   (3) 04   (4) 02

13. Swedan-karma (fomentation therapy) is contra-indicated in:
   (1) Pratishay  (2) Ardit
   (3) Khalli     (4) Madhumeha

14. What type of the principle of treatment is advised for obese persons?
   (1) Laghu-Apatarpana  (2) Laghu-Santarpana
   (3) Guru-Atarpana    (4) Guru-Santarpana

15. Which Darshan is known as Anvikshiki or Tarkavidya?
   (1) Vaisheshik-darshan  (2) Nyaya-darshan
   (3) Yoga-darshan      (4) Vedant-darshan

16. How many types of Shalaka-Yantras are described by Acharya Sushrut?
   (1) 28   (2) 25   (3) 24   (4) 20

17. In which Samhita, yogya-sutriya Adhyaya is described?
   (1) Charak-Samhita  (2) Sushrut-Samhita
   (3) Ashtanga-Samgraha  (4) Ashtang-Hridaya

18. Cheshta Praman has been enumerated by .......?
   (1) Baudhha  (2) Nyaya
   (3) Sankhya  (4) Tantrik

19. How many chapters on Arishta-lakshanas are discussed in Ashtanga-Samgraha?
   (1) 2   (2) 4   (3) 6   (4) 8

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20. Which type of cow is stated to be the ‘Grishti’ (गृष्ठि)?
   (1) Green colour cow
   (2) Diseased cow
   (3) Indian cow
   (4) Cow delivered baby for first time

21. What is the meaning of the term “Aradra-santanata” (आराद्र - सन्तानता) according to Sarvangasundara commentary of Arundatta?
   (1) Selfishness
   (2) Anger
   (3) Kindness to all creatures
   (4) Cruel to others

22. Dhatu-pradoshaj rogas are mentioned in which sthan and chapter of Charak-Samhita:
   (1) Sutrasthan-20
   (2) Sutrasthan-19
   (3) Sutrasthan-28
   (4) Sutrasthan-17

23. “Ayurvedic-samaya” refers to:
   (1) Brahma-muhurta
   (2) Sandhya-kala
   (3) Chatushpadam beshajam
   (4) Madhyahna-kala

24. Which one is the ‘yoga-rudha’ word?
   (1) Pachak
   (2) Kumbhkhar
   (3) Pankaj
   (4) Adhyapak

25. Who wrote the Vyakaran Mahabhashya?
   (1) Panini
   (2) Patanjali
   (3) Katyayan
   (4) Nimi

26. ‘Tisra’ (तिस्र) word of Sanskrit is of which linga (gender)?
   (1) Masculine
   (2) Feminine
   (3) Neuter
   (4) None of the above
27. Siddha-Bheshaj-Manimala is written by …… ?
   (1) Jivanran Bhatta          (2) Swami Lakshmiram
   (3) Krishnaram Bhatta        (4) Ramprakash Swami

28. The commentary ‘Charak-Tattva-Prakash-Kaustubh’ on Charak-Samhita is written by …… ?
   (1) Nardatta                  (2) Hemadri
   (3) Narsingh Kaviraj          (4) Shivdas Sen

29. Which Vibhakti (विभक्ति) and Vachan(वचन) has been used in the term sharadi (शरदि) ?
   (1) Prathama-Dvivachan       (2) Dvitiya-Ekavachan
   (3) Shashti-Bhuvachan        (4) Saptami-Ekavachan

30. Who described in detail about Arthashraya (अर्थश्रय) in his Sanskrit commentary ?
   (1) Chakrapanidatta         (2) Jejjat
   (3) Arundatta              (4) Dalhan

31. Pannarupiyam-indriyam Adhyaya of Charak-Samhita mainly deals with arishtas related to :
   (1) Atma                      (2) Manas
   (3) Sheela                    (4) Chhaya-pratichchhaya

32. The sixth chapter of Sushrut-Samhita Kalpasthan is …… ?
   (1) Sarpadashta-vish-chikitsa (2) Annapan Raksha kalp
   (3) Mushik Kalpa             (4) Dundubhi-swaniya kalpa
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33. Amritprash Ghrita is mentioned in Charak-Samhita in the rogadhikar of:
   (1) Prameha-chikitsitam
   (2) Vatarakta-chikitsitam
   (3) Kshata-Kshina-chikitsitam
   (4) Apasmar-chikitsitam

34. In which rogadhikar Ashtakatwar Taila is mentioned in Charak-Samhita?
   (1) Vatavyadhi
   (2) Urustambha
   (3) Vatarakta
   (4) Prameha

35. The word ‘antarpan’ (अन्तर्पान) means:
   (1) Anupan
   (2) Sahapan
   (3) Pachan or pachan kashay
   (4) Taila

36. Lelitak has been mentioned in the treatment of …… ?
   (1) Pramcha
   (2) Kushtha
   (3) Jwar
   (4) Shirahshul

37. “हिघिण्ड्य महावेगमानिवच्छिन्नारिकारिच”
   (Mahagadam mahavegamagnivachchhigrakari cha) is quoted for the disease:
   (1) Kushtha
   (2) Prameh
   (3) Raktapitta
   (4) Gulma

38. ‘Bahalam Hasti charnavat’ (बहलेन हास्तिचरनवत्) is a characteristic symptom of the disease:
   (1) Vicharchika
   (2) Charmakhya kushtha
   (3) Ekakushtha
   (4) Pama
39. Which type of desh possesses the feature ‘Saritsamudraparyant-prayah’
(सरितसमुद्रपर्यंतप्रयः)  
(1) Jangal desh  
(2) Anup desh  
(3) Sadharana desh  
(4) None of the above

40. Tantra-Bhushan Adhyayas in Sushrut-Samhita are ..... ?  
(1) Uttartantra chapters-1 to 4  
(2) Sutarasthan chapters-1 to 4  
(3) Uttartantra chapters-21 to 24  
(4) Uttartantra chapters-63 to 66
**Short Answer Questions**

**Note:** Attempt any **five** questions. Write answer in **150-200** words. Each question carries **16** marks. Answer each question on separate page, after writing Question Number.

01. Define Ayurveda. Write about ‘Trisutra-Ayurveda’.

02. Write about the Ayurveda-Avataran.

03. Elucidate the idea behind “Charakastu-chikitsite” (चरकस्तु चिकित्सिते).

04. Write about the special contribution of Acharya Sushrut.

05. Write on the theme ‘Ayurveda is a Maulik Darshan’.

06. Briefly write about the specific features of Samhitas of Vagbhat.

07. Write about the role of Sanskrit for proper understanding of Ayurveda.

08. Briefly discuss about Veda and Vedangas.

09. Write about the status of Ayurveda in foreign countries.

10. Write about the subject matter of Vimansthan of Charak-Samhita.
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14
अभ्यासियों के लिए निर्देश

इस पुस्तिका के प्रथम आवरण पृष्ठ पर तथा उत्तर-पत्र के दोनों पृष्ठों पर
केवल नीली-काली बाल-व्याट्ट पेन से ही लिखें।

1. प्रश्न पुस्तिका मिलने के 10 मिनट के अन्दर ही देख ले कि प्रश्नपत्र में सभी पृष्ठ मौजूद हैं और कोई प्रश्न छूटा नहीं है। पुस्तिका दोषसुकु ल पाए जाने पर इसकी सूचना तत्काल कश-निरीक्षण की देखर सम्पूर्ण प्रश्नपत्र की दृष्टि पुस्तिका आप देंगे।

2. परीक्षा पत्र में लिखना रहित प्रयोग-पत्र के अतिरिक्त, लिखिए या सादा कोई भी खुला कागज साथ में न लायें।

3. उत्तर-पत्र अलग से दिया गया है। इसे न तो पीछे और न ही विक्षित करें। दूसरा उत्तर-पत्र नहीं दिया जायेगा।

4. केवल उत्तर-पत्र का ही मूल्यांकन किया जायेगा।

5. विषय-पत्र के प्रथम पृष्ठ पर देने से अपनी अनुमान विश्लेषित स्थान पर लिखें।

6. अयो एयो आरो पत्र पर अनुमान विश्लेषण संग्रह, प्रश्नपुस्तिका संग्रह च सेट संग्रह (यदि कोई हो) तथा प्रश्नपुस्तिका पर अनुमान और अयो एयो आरो पत्र संग्रह की प्रविधियों में उपस्थित की अनुमति नहीं है।

7. उपयुक्त प्रविधियों में कोई भी परिवर्तन कश-निरीक्षण द्वारा प्रमाणित होना चाहिए अन्यथा यह एक अनुमित साधन का प्रयोग माना जायेगा।

8. प्रश्न-पुस्तिका में प्रश्न के चार वैकल्पिक उत्तर दिये गये है। प्रत्येक प्रश्न के वैकल्पिक उत्तर के लिए आपको उत्तर-पत्र की संक्षिप्त पंक्ति के साथ दिये गये वृत्त को उत्तर-पत्र के प्रथम पृष्ठ पर दिये गये विवरण के अनुसार पेन से गाड़ा देना है।

9. प्रत्येक प्रश्न के उत्तर के लिए केवल एक ही वृत्त को गाड़ा करें। एक से अधिक वृत्त को गाड़ा करने पर अथवा एक वृत्त को अनूप्त खारे पर उस उत्तर गलत माना जायेगा।

10. ध्यान दें कि एक बार स्थायी द्वारा अंकित उत्तर बदलता नहीं आ सकता है। यदि आप किसी प्रश्न का उत्तर नहीं देना चाहते हैं, तो संबंधित पंक्ति के साथ दिये गये सभी वृत्तों को खारी छोड़ दें। ऐसे प्रश्नों पर श्रवण संकेत दिये जायेंगे।

11. एक कार्य के लिए प्रश्न-पुस्तिका के मुख्यपृष्ठ के अंदर खाली पृष्ठ तथा उत्तर-पुस्तिका के अंतिम पृष्ठ का प्रयोग करें।

12. परीक्षा के उपरांत केवल आयो एयो आरो परीक्षा भवन में जमा कर दें।

13. परीक्षा समाप्त होने से पहले परीक्षा भवन से बाहर जाने की अनुमति नहीं होगी।

14. यदि कोई अवसर परीक्षा में अनुसूचित साधनों का प्रयोग करता है, तो यह विशेषविधालय द्वारा निर्दिष्ट दंड का/की भारी होगी/होगी।